

## Editor's Note

O'h God! Thou art the Giver of Life,  
Remover of pain and sorrow,  
The Bestower of happiness,  
O'h Creator of the Universe,  
May we receive thy supreme sin-destroying light,  
May Thou guide our intellect in the right direction.

Hari Om!

Welcome to this supplementary issue of this Journal. I am delighted not only in publishing past issues, but also in ensuring that the current issue can move forward; providing updated information of the ongoing researches all around. I would like to thank the current committee, whose tireless work as Articles Editor is matched only by their keenness in promoting the Journal. Through the long process of research that we all undergo, it can sometimes be easy to isolate one; to settle into that academic niche and forget about the wider discipline. While we can be proud as a journal to publish articles with a huge scope of research,

Readers might be aware that IJOYAS includes technical and professional aspects of Yoga and allied disciplines like Philosophy, Spirituality, Psychology, Human Consciousness, Medical, Paramedical sciences, Health sciences, Therapy, Education, Physical education, exercise and sports sciences, biomechanics, Literary/textual studies, Physiology, Biochemistry etc.

The Call for Papers was met with eager application, and it promises to provide great insight into the disciplines. With a further push for specific research and Reviews, I hope that the our Journal will continue to be recognised as a great resource, whether providing opportunities for publication or allowing access to articles for further research.

My sincere thanks to all the member of advisory and review committee, for their effort and contributors of this issue. Needless to say, any papers that you wish to submit, either individually or collaboratively, are much appreciated and will make a substantial contribution to the development and success of the journal.

Best wishes and thank you in advance for your contribution to the Journal. May God give us success; May the Almighty illuminate our intellect to lead us along the righteous path.



(Kamakhya Kumar)  
Chief Editor

11<sup>th</sup> Nov 2017

***Margshirsh Krishna Ashtami***